

REGULAR MEAL COSTS 2023		
3 MEALS/WK	2 MEALS/WK	1 MEAL/WK
January 2023	January 2023	January 2023
13 meals \$84.50	9 meals M/W \$58.50 8 meals W/F \$52.00 9 meals M/F \$58.50	5 meals Mon \$32.50 4 meals Wed \$26.00 4 meals Fri \$26.00
February 2023	February 2023	February 2023
12 meals \$78.00	8 meals M/W \$52.00 8 meals W/F \$52.00 8 meals M/F \$52.00	4 meals Mon \$26.00 4 meals Wed \$26.00 4 meals Fri \$26.00
March 2023	March 2023	March 2023
14 meals \$91.00	9 meals M/W \$58.50 10 meals W/F \$65.00 9 meals M/F \$58.50	4 meals M \$26.00 5 meals W \$32.50 5 meals Fri \$32.50
April 2023	April 2023	April 2023
12meals \$78.00	9 meals M/F \$58.50 8 meals W/F \$52.00 8 meals M/W \$52.00	4 meals M \$26.00 4 meals W \$26.00 4 meals F \$26.00
May 2023	May 2023	May 2023
14 meals \$91.00	10 meals M/W \$65.00 9 meals W/F \$52.00 9 meals M/F \$58.50	5 meals M \$32.50 5 meals W \$32.50 4 meals F \$26.00
June 2023	June 2023	June 2023
13 meals \$84.50	8 meals M/W \$52.00 9 meals W/F \$58.50 9 meals M/F \$58.50	4 meals M \$26.00 4 meals W \$26.00 5 meals F \$32.50
July 2023	July 2023	July 2023
13 meals \$84.50	9 meals M/W \$58.50 8 meals W/F \$52.00 9 meals M/F \$58.50	5 meals M \$32.50 4 meals W \$26.00 4 meals F \$26.00
August 2023	August 2023	August 2023
13 meals \$84.50	9 meals M/W \$58.50 9 meals W/F \$58.50 8 meals M/F \$52.00	4 meals M \$26.00 5 meals W \$32.50 4 meals F \$26.00
September 2023	September 2023	September 2023
13 meals \$84.50	8 meals M/W \$52.00 9 meals W/F \$58.50 9 meals M/F \$58.50	4 meals M \$26.00 4meals W \$26.00 5 meals F \$32.50
October 2023	October 2023	October 2023
13 meals \$84.50	9 meals M/W \$58.50 8 meals W/F \$52.00 9 meals M/F \$58.50	5 meals M \$32.50 4 meals W \$26.00 4 meals F \$26.00
November 2023	November 2023	November 2023
13 meals \$84.50	9 meals M/W \$58.50 9 meals W/F \$58.50 8 meals M/F \$52.00	4 meals M \$26.00 5 meals W \$32.50 4 meals F \$26.00
December 2023	December 2023	December 2023
13 meals \$84.50	8 meals M/W \$52.00 9 meals W/F \$58.50 9 meals M/F \$58.50	4 meals M \$26.00 4 meals W \$26.00 5 meals F \$32.50